

# *Rescheduled from the Fall* InterPlay®: Praying with the Body



InterPlay ® is a creative process for personal/ community transformation. It uses a system of practices rooted in storytelling, movement, song, and stillness to help you gain access to your own "body wisdom" - what works best for you, what gives you purpose, what makes you fully alive. Participants will engage in an active, creative approach to accessing your physical spirituality, the vessel of the Holy.

Dress comfortably for movement. InterPlay is founded in affirmation and ease. It is accessible to every body, regardless of physical limitation.

Bring a favorite, brief biblical passage with which we will engage in prayerful movement.

**Facilitator:**

Lisa Laing

**When:**

Thursday, February 23, 2012, 9:30 –3:30pm  
Registration starts at 9 am

**Where:**

Holy Family Conference Room  
303 Tunxis Road  
West Hartford, CT 06107

**Offering:** \$65-75, lunch included



**PROGRAM REGISTRATION**

Program: InterPlay ®

Date: Thursday, February 23, 2012

Time: 9:30<sub>AM</sub> - 3:30<sub>PM</sub>

Location: Holy Family Conference Room

Offering: \$65-75, lunch included

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

Do you wish to receive Spiritual Life Center updates? *(please circle one)*

Yes, by Email.    No, Thank You.

Please return this registration form to the Spiritual Life Center, Inc. 303 Tunxis Road, West Hartford, CT 06107 or call the office at (860) 243-2374, or email the office at [programs@spiritlifectr.org](mailto:programs@spiritlifectr.org) to hold your place in the program. Thank you.

Lisa Laing is a Certified InterPlay Leader and Northeast Regional Coordinator. She is a dancer, personal trainer, Certified Cancer Exercise Specialist and wife and mother to four sons. Lisa has been leading InterPlay to various groups for over 10 years and believes in the awesome power and grace of the human spirit, rooted in God's love. <http://www.interplay.org>