
Spiritual Life Center

Walking Together with the Spirit

WHO WE ARE

The Spiritual Life Center is a community born of faith, gathered in love, and led by the Spirit to seek oneness with the Mystery that is God.

WHAT WE DO

We are called to tend the Holy in the souls of individuals, groups, and the world by cooperating with God to:

- * invite and nurture
- * equip and sustain
- * heal and transform

through the ministry of spiritual direction.

WHAT WE OFFER

SERVICES

- * Individual and Group Spiritual Direction
- * Individual and Peer Supervision

PROGRAMS

- * Spiritual Direction Internship
- * Pathways of Spirituality
- * Workshops, programs & retreats on various topics and disciplines relating to the spiritual life.

Spiritual Life Center
120 Mountain Avenue
Bloomfield, CT 06002-5003
Phone: (860) 243 - 2374
Fax: (860) 242 - 7914
www.spiritlifectr.org
Email: info@spiritlifectr.org

DIRECTIONS TO THE CENTER

FROM INTERSTATE 91

Take Exit 35 B, Windsor/Bloomfield. Turn onto 218 West for approximately 3 miles. Turn right onto Route 189 (Bloomfield Ave.). At juncture of 189 and 178, turn left onto 178 (Mountain Ave). Go through 2 lights, then take 2nd right to stay on Mountain Ave. 120 Mountain Ave. is the first set of buildings on the right.

FROM WEST

Take Route 185 South. Turn left onto Route 178 (Loeffler Road). Mountain Avenue is 1st left after Duncaster.

FROM ROUTE 4 OR 44

Take Route 4 or 44 East onto Mountain Road, to Route 185 North. Turn right onto Route 178 (Loeffler Road). Turn left onto Mountain Ave.

The Spiritual Life Center is the white house on the far side of the large brick building. Parking in front of the house is reserved for the Center. Additional parking is available in the large lot on the other side of the brick building.

A WEEK OF GUIDED PRAYER

March 7-13, 2010




**Spiritual Life
Center**

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PROGRAM

The Week of Guided Prayer is a retreat structured to fit the day to day schedule of a busy person. This week long retreat offers an opening training session in daily reflection, five daily one-on-one meetings with a prayer guide and a concluding gathering at the end of the week.

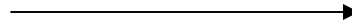
The Week of Guided Prayer will assist those who desire to deepen their personal relationship with God or a Higher Power through praying with scripture. Through guided scriptural reflections, group prayer and individualized guided one-on-one companioning retreatants will be able to participate in this retreat without having to take time off from their weekly routine.

The Week of Guided Prayer leads the retreatant into a week of listening with the heart. Meeting with a prayer guide on a daily one-on-one basis helps each retreatant to zero in on their ever developing prayer life and relationship with God. The prayer guide will provide a perspective from which to pray, offer encouragement and help clarify one's growth in prayer through reflective feedback.

The prayer guides for the Week of Guided Prayer, are Spiritual Directors associated with the Spiritual Life Center. They companion others on the journey of life, faith, and prayer.

REGISTRATION

Those seeking participation for this week long retreat will need to register by filling out the form. Registration deadline is February 24.



REQUIREMENTS

Participants during March 7-13, 2010 are responsible for:

- * Attendance at opening group session
- * Meeting daily for about 40 mins with a prayer guide at the Spiritual Life Center
- * Taking time each day to do assigned reading and take time out for reflection
- * Attendance at closing group session
- * Go about your normal routine

COST

The cost of the Week Long Guided Retreat is \$100/participant that includes a non-refundable \$20 programming fee.

Limited scholarship funds for this program are available. Please call the Center for further information.

REGISTRATION FORM

A WEEK OF GUIDED PRAYER

Name: _____

Phone: _____ H

_____ W

_____ C

Address: _____

Email: _____

Where did you hear about this program?

Please return this registration form to the Spiritual Life Center, 120 Mountain Avenue, Bloomfield, CT 06002, or call the office at (860) 243-2374, or email the office at info@spiritlifectr.org to hold your place. Checks should be made payable to the Spiritual Life Center.