
Spiritual Life Center

Walking Together with the Spirit

WHO WE ARE

The Spiritual Life Center is a community born of faith, gathered in love, and led by the Spirit to seek oneness with the Mystery that we call God.

WHAT WE DO

We are called to tend the Holy in the souls of individuals, groups, and the world by cooperating with God to:

- * invite and nurture
- * equip and sustain
- * heal and transform

through the ministry of spiritual direction.

WHAT WE OFFER

SERVICES

- * Individual and Group Spiritual Direction
- * Individual and Peer Supervision

PROGRAMS

- * Spiritual Direction Internship
 - * Pathways of Spirituality
 - * Workshops, programs & retreats on various topics and disciplines relating to the spiritual life.
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Spiritual Life Center
303 Tunxis Road
West Hartford, CT 06107
Phone: (860) 243 - 2374
www.spiritlifectr.org

DIRECTIONS TO THE CENTER

From the West

Take I-84 East towards Hartford to Exit 39. As you get off the exit, turn right at the first light onto Route 4 East (Farmington Avenue). At the next light (about 200 yards ahead), turn right onto South Road. Continue down a hill and through the next light. Take the first left after the light onto Middle Road. The retreat house is about one and one-half miles down Middle Road on the right side. *Note: Middle Road becomes Tunxis Road as you approach the retreat center.*

From the East

Take I-84 West towards Hartford to Exit 40. As you get off the exit, turn right onto Ridgewood Road. At the second light, turn left onto Tunxis Road. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

From New York City and points south

Take I-95 North to New Haven. In New Haven, take I-91 North toward Hartford. Once in Cromwell, take Exit 22 onto Route 9 North toward New Britain/Middletown. Once on Route 9, follow directions for "From the east shore" (see below).

From Massachusetts and points north

Take I-91 South to Hartford. Take Exit 32A onto I-84 West. Follow I-84 West to Exit 40. As you get off the exit, turn right onto Ridgewood Road. At the second light turn left onto Tunxis Road. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

From the east shore

Take Route 9 North to Middletown. At the end of Route 9, turn onto I-84 East. Take Exit 40 (first exit). Turn right at the first light (towards West-farms Mall). Take a right at the next light. Proceed under the highway, get into the left lane and turn left onto Ridgewood Road. At the second light, turn left onto Tunxis Road. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

From Rt 44 & Mountain Rd, West Hartford

Head South on Mountain Rd for 2.6 miles. Continue onto Sedgwick Rd (0.2 mi). Turn right at Ridgewood Rd (0.2mi). Take the first right onto Tunxis Rd. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

At the Elevator Entrance

Take the Elevator to the second floor, then continue right in the hallway to the large room at the end.

Enrichment Program in Individual Spiritual Direction

Sept 2010 - June 2011




**Spiritual Life
Center**

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PURPOSE

The Enrichment Program in Individual Spiritual Direction will help spiritual directors to further develop their understanding and practice of spiritual direction while working one-on-one with others.

PROCESS

During monthly sessions, the participants and team will explore the spiritual direction dynamic through learning sessions, real play, readings and reflection tools.

SCHEDULE

Schedule: 6-8:30pm on:

Tuesday, September 14, 2010

Tuesday, October 19, 2010

Tuesday, November 16, 2010

Tuesday, December 7, 2010

Tuesday, February 8, 2011

Tuesday, March 15, 2011

Tuesday, April 12, 2011

Tuesday, May 10, 2011

Tuesday, June 7, 2011

APPLICATION

Those seeking admission to the Enrichment Program for Individual Spiritual Direction are asked to complete an application which will be forwarded on request and can be accessed through the website www.spiritlifectr.org under "Upcoming Programs". All application materials should be received by July 30, 2010. The number of participants is limited and early registration is encouraged

REQUIREMENTS

Participants are responsible for:

- * attendance at a monthly Tuesday sessions from September through June
 - * on-going regular meetings with directees
 - * on-going peer or individual supervision
 - * on-going personal spiritual direction
 - * participation in Spring and Fall In-Service days
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CORE LEADERSHIP TEAM

Mary Blume

Rev. Susan Izard

Cathleen Murtha, DW

CERTIFICATE

Those who fulfill the requirements of the course will receive a Certificate of Completion in an *Enrichment Program in Individual Spiritual Direction*

The Enrichment program follows the guidelines of Spiritual Directors International by including the following elements: theological foundations, psychological foundations, integration with justice, discernment, practicum, and supervision.

CRITERIA FOR ADMISSION

We welcome as applicants, men and women, grounded in a faith tradition, whose experience includes:

- * participation in a formation program for spiritual directors
 - * offering individual spiritual direction
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COST

The cost of the Enrichment Program is \$450 per semester. Tuition includes Tuesday evening sessions, and one In-Service Day each semester. This fee does not include the \$25 non-refundable application fee .

Limited scholarship funds for this program are available. Please call the Center for further information.