

The Source

The newsletter of The Spiritual Life Center ❖ Bloomfield, CT

... a community born of faith ... gathered in love ... led by the Spirit ...

Volume 15 ❖ Number Two

Summer 2004

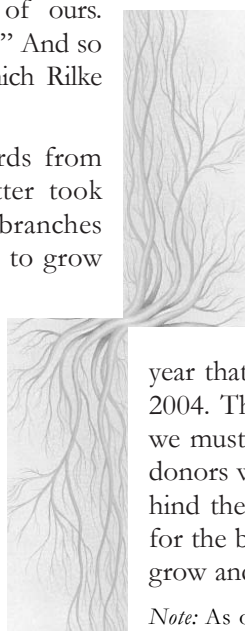
The Center Celebrates Its Roots and Branches

GOD HAS NEVER BEEN SHY ABOUT BEING present in the world and its activities, although human beings are often challenged by this God of ours. Finding God can feel like a game of "Hide and Seek." And so it is that we find comfort in the certitude with which Rilke writes the words, "God is like a thousand roots."

Cathy Murtha begins her column with these words from Rilke. It is through this lense that this newsletter took shape. Interestingly, certain tree roots resemble branches when they are inverted. Healthy plants need both to grow strong and straight. Roots are the invisible, branches the visible. Together, they create a matrix of exquisite balance.

This past spring, a number of people gathered to participate in a conversation based on the process of Appreciative Inquiry. As we talked through the day, the image of a tree (surprise!) emerged as the symbol that most represents the structure and growth of the Spiritual Life Center. One of the participants, brave soul, volunteered to draw this tree on newsprint. Armed with markers of many colors, she drew a tall tree with great roots and outstretched limbs, some straight, some curved, some stunted. With that came the realization that pruning is not only need-

ed, it is essential for growth. Then came the leaves, a few of which were falling - their time, too, had passed.



The more we engaged with this image of roots and branches, the more apropos it seemed to be; even in the moment, this lumpy, bumpy tree seemed to be pouring out its wisdom over us. The day was filled with laughter that was balanced by the sober task of taking yet another step into the future of the Center. New branches emerge as old ones are pruned. Old leaves drift down even as tiny buds anticipate new ones. The cycle is never ending.

And, so it is that we reflect, albiet a bit late, on the year that has passed - 2003 - and ponder the year that is - 2004. This issue is filled with roots and branches. Certainly we must celebrate our roots - the dedicated volunteers and donors who, for the most part, remain invisible, working behind the scenes, underground as it were, making it possible for the branches of Community, Internship, and Program to grow and flourish. We are grateful to all. ❖

Note: As our newsletter moves from three issues per year to two, this newsletter presents the 2003 Annual Report as well as a few timely updates. We apologize to all who have been waiting patiently for our Spring newsletter as it has now changed to our Summer edition. The next one will be mailed in the Winter of 2005.

AS WE GO TO PRESS, OUR NATION IS PREPARING for its presidential election. During the first election after apartheid ended, many black South Africans came to the polls on foot; some walked for miles. Those who could not walk were carried in arms, on piggy-back, and in wheel barrows when they could be found. May we all make a concerted effort to appreciate our freedom and opportunity by encouraging all of us to vote. Let us join together as a community gathered in love, led by the spirit, to pray:

Let us pray for all who have been denied the right to vote, may they be granted the privilege to register their preferences peacefully.

Let us pray for those who promote voter participation, may we see voter apathy lessen.

Let us pray for voters of all parties, may they find tolerance for views different from their own and a willingness to engage in conversation with one another.

Let us pray for voters across our nation, may they cast their votes with gratitude, honesty, and wisdom. *Amen.*

In This Issue...

Celebrating Roots and Branches	p. 1
From the Director's Desk.....	p. 2
Celebrating Two Important Branches.....	p. 3

A Thousand Roots: 2003 Financial Review.....	p. 4
A Thousand Roots: 2003 Volunteers	p. 5
A Thousand Roots: 2003 Donors	p. 6
Two New Workshops	p. 8

Center Staff

Cathy Murtha, DW
Executive Director

Mary Costello, RSM
Staff Director

Andree Grafstein
Peter Heinrichs
Internship Team Members

Mary Bello, CSJ
Administrative Assistant

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Fay Lenz

Rosemary Reynolds

Stephen Ristau

Mission

The Spiritual Life Center is a community born of faith, gathered in Love and led by the Spirit to seek oneness with the Mystery that is God.

We are called to tend the Holy in the souls of individuals, groups, and the world by cooperating with God to invite and nurture, equip and sustain, heal and transform, through the ministry of spiritual direction.

From the Director's Desk...

A Thousand Roots

(from *The Cosmic Dance*, Joyce Rupp)

*The poet Rilke knew
where to find hope
and why
God is dark, he said,
and like a wondrous web,
a thousand roots . . .*

I CAME ACROSS THE ABOVE QUOTE THIS SUMMER AS I WAS HELPING TO plant a tree - a dwarf Colorado Blue Spruce. In its early growth it was about three feet wide and four feet high. We struggled to remove it from the pot where it was root bound. It was a wondrous web of dark, moist roots. We loosened the roots so they could be freed to take hold of the new soil.

As I reviewed the people and events that sustained the Spiritual Life Center during the calendar year 2003, our third in our transplanted home, I became aware of the many roots and the new growth we have experienced. The roots of our ministry and community have continued to sustain our life. The ministry of spiritual direction is our taproot. The *Spiritual Direction Internship* and the support of our volunteer spiritual directors through supervision and in-service opportunities sustain and deepen that ministry. The other programs that we offer as well as our library and resources help those roots go deeper.

We began two new initiatives during 2003. After many months of planning, we inaugurated the *Pathways of Spirituality* program and welcomed a group of seekers dedicated to their spiritual growth. Another group began to form because they were concerned about the connection between *Spirituality and Work*. We are sponsoring a workshop this fall and plans are in the works for collaborating with others sharing the same concerns and hopes.

For me, it is the community of the Spiritual Life Center that nurtures and waters and tends the roots to enable us to grow and deepen. The staff and Board of Directors with its committees continue to provide vision, energy, and an incredible level of commitment. The volunteer spiritual directors provide their time, faith, and support to one another and those who come for spiritual direction. Our adjunct staff, program presenters, and volunteers provide the needed services that keep us running smoothly and reaching out to others. *The Open Circle* and the *Knitting Circle* gather monthly to pray for the needs of the Center and to knit contemplatively. Both engage in hands-on service through our mailings and prayer shawls.

The planting of the tree this summer was a sign of hope. It will grow taller, change form, offer shade, beauty, and shelter for future generations. All of our continued efforts on behalf of the Spiritual Life Center are also signs of hope. Our efforts today become the roots of new growth in the future. Thank you for your support and interest, for your presence as a part of the roots and the web of who we are and who we will grow to be in the future. May we continue to be a sign of life for seekers and servants in our midst. ❖

—Cathleen Murtha, DW

The Source is a newsletter for spiritual directors, directees, friends, volunteers, and supporters of **The Spiritual Life Center**. It is published twice a year: winter and summer. Susan S. Jorgensen, editor.

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The Center Celebrates Two Important Branches

Pathways of Spirituality Begins Second Year

by Melina Rudman

ONE YEAR AGO THIS MONTH, REV. CINDY Carr and I began facilitating *Pathways of Spirituality*, a two-year program in spiritual formation. This September we will begin our second year, and third unit, “Called to Community.”

Happily, community is exactly what has developed among the circle's participants; we have begun to feel like family as we share the deep, joyful, challenging and intimate journey of faith. *Pathways* was designed for women and men who yearn to gather with other people of faith to experience and reflect upon the traditions, practices and implications of living an intentional spiritual life. We are a diverse group, ranging in age from late-twenties to mid-seventies, covering a broad experience of Christian spirituality. It is a blessing to be among such fine people on a regular basis. Together we have come to learn more about the many aspects of God, and how our personal “Encounter with God” (Unit I) and “Relationship with God” (Unit II) are the same, yet different, from everyone else's. It is true that “whenever two or more are gathered” God is there, for we have surely felt God with us as we pray, seek, learn, and create together.

New participants can join the program at the beginning of any unit and we are now accepting applications for folks interested in registering for Unit III, “Called to Community.” We will

meet at the Spiritual Life Center every other Monday evening beginning in September and running through early December. During that time we will cover:

- ❖ Exploring Community (Sept. 13)
- ❖ Liturgy as an Expression of Community (Sept. 27)
- ❖ Personal Experience in Community Worship (Oct. 11)
- ❖ The Paradox of Community (Oct. 25)
- ❖ The Realities/Challenges of Community (Nov. 8)
- ❖ Appreciative Inquiry (Nov. 22)
- ❖ Change (Dec. 6)

We will complete Unit III with an “Integration Supper,” a time of sharing stories, self, and good food on Dec. 13. There is a \$25.00 application fee, and tuition for the program is \$350.00 per unit. Limited scholarships are available. Participants who complete all four units will receive a certificate of spiritual formation from the Spiritual Life Center.

It is a great joy to be part of the Spiritual Life Center community, a community in which we experience the freedom with which the Spirit moves and works. Cindy and I are mindful and intentional about bringing this freedom to *Pathways* and we have been constantly (and joyfully) surprised at where the Spirit leads us as we plan our gatherings. We hope you'll consider joining us as we continue the journey. ❖

Spirituality and Work Gathers Information and Momentum

by Mary Blume

HOW CAN I INTEGRATE MY SPIRITUALITY and daily work?” is a question that many of us struggle to answer. We know that the solution is larger than saying prayers as we move through the day. A group has been meeting at the Spiritual Life Center for several months to explore how the Center can help people connect spirituality and work. With the help of a focus group and insights from the Spiritual Life Center family, we have learned that people experience this connection when they see significance and meaning in their work and when they feel valued; when they work from the energy of love and are present to themselves and others; when they sense that work and vocation are united.

The questions for our committee then was “What can the Center offer to help people in the workplace find meaning at work, in ministry, and in retirement?” As we reflected on our experience as spiritual directors, we realized that what we do

best – listening, asking questions, reflecting, and discerning – is precisely what enables people to find meaning and a sense of vocation in their work.

In the academic year ahead, we hope to take several steps, some large, some small, toward the integration of life and work. This fall, the Progoff Intensive Journal Workshop will help participants use writing as means of integrating spirit and work. We also hope to start a book discussion group on a *Spirituality and Work* topic. A three-part series exploring Spiritual Fitness and a nationally recognized speaker on the subject of Workplace Spirituality are in the planning stages.

You can help! Post programs, articles, websites, and cartoons on the front hall bulletin board at the Center! Email Steve Ristau (ristau@adelphia.net) or call Mary Blume (860-651-8302). Join this group by contacting either Mary or Steve for the next meeting date and time. ❖

A Thousand Roots: 2003 Finances

2003: We continue to grow and to change

IN 2003 THE SPIRITUAL LIFE CENTER NARROWED the operating deficit from the previous year to approximately \$1,500. In terms of income, the Annual Appeal increased 49.0%, from \$36,000 to \$53,000. The generosity of each of you has made this possible and it is sincerely appreciated. We did not have an Awards Dinner in 2003, which resulted in the loss of a source of income for last year. We wanted to move this annual event to the Spring so it does not coincide with the Annual Appeal, which begins each fall.

Expenses in total remained nearly constant from the previous year. However, the variable expenses such as rent, health insurance, printing and postage each increased by five to ten percent. To balance our budget we cut back on expenses for development, payroll, and programs. The work of our volunteers helped to keeping expenses under control. Examples include the volunteer work to set up our web site, help with our newsletters, programs, mailings, and the associates who do spiritual direction.

Thoughts on Finances for 2004

THE AVERAGE COST OF OPERATING THE Center in 2004 is \$18,500 per month. Income from spiritual direction, programs, and the internship raises approximately 60% of our income. The remaining 40% (\$89,000) must be raised through fundraising. As the Center grows, this amount increases each year.

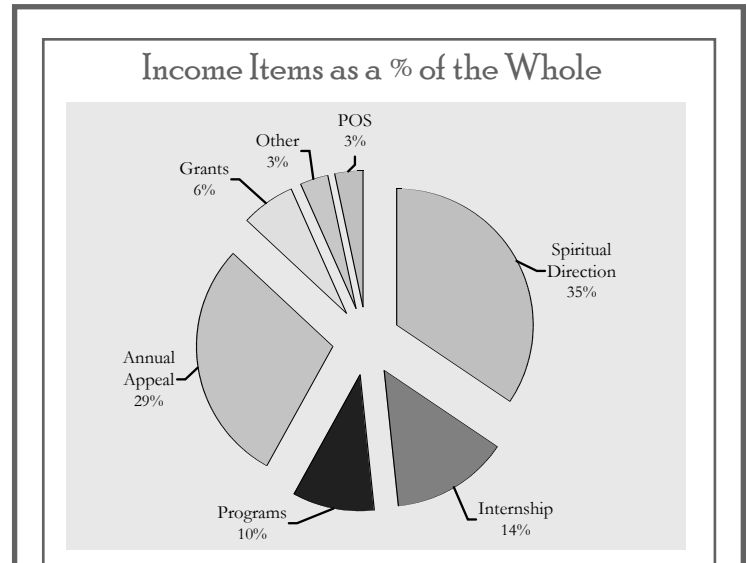
The second Annual Awards Dinner was very successfully held in May of 2004 and has made an important contribution to the income of the Center. A board member is aggressively pursuing grant opportunities. Committees such as the *Spirituality at Work* group are discussing possible programs and activities that will extend the reach of the Center into the workplace. The *Pathways of Spirituality* program is into its second year and has given the Center another dimension.

We have been actively advertising for the position of a part-time Development Director. If anyone knows someone

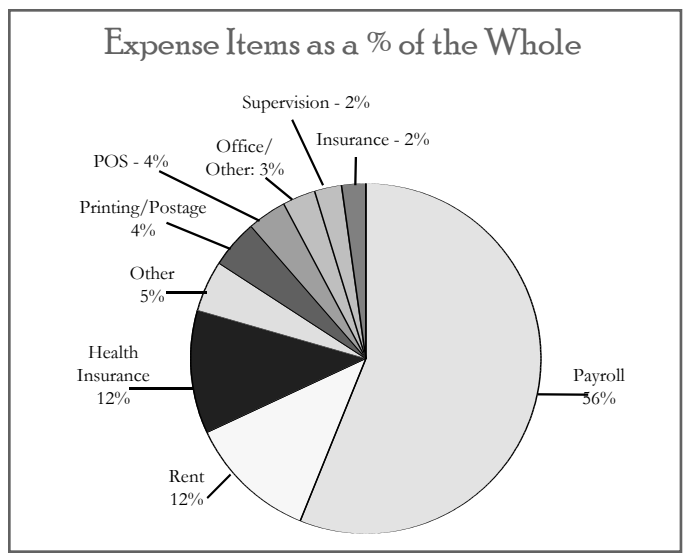
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Note on 2003 Statement of Income and Expense

The \$8,900 in the "Other" category for Expenses consists of \$2,800 for internship, \$2,800 for telephone and internet; \$1,900 for program expenses; and \$1,400 for development.



Income		Expense	
Spiritual Direction	64.0	Payroll	105.4
Internship	26.0	Rent	22.1
Programs	18.0	Health Insurance	21.6
Annual Appeal	53.7	Other	8.9
Grants	12.0	Printing/Postage	7.9
Other	6.3	POS	7.2
POS	6.0	Office and Other	5.7
		Supervision	4.5
		Insurance	4.2
Total Income	\$186.0	Total Expense	\$187.5



A Thousand Roots: Our Volunteers

AS WITH MANY NON-PROFIT ORGANIZATIONS, the Spiritual Life Center relies on the generosity of many, many volunteers to provide its service, to be an important presence in the greater Hartford area. These human roots support the Center and help sustain it. Our thirty-one Open Circle volunteers prepare our mailings and provide an invaluable presence – they are there when we need them. Our

sixty-eight associate spiritual directors see two or three directees per month, donating the fees for that service to the Center. Thirty-three people provide other valuable services, from helping us with computers to carpentry jobs to plant care to expertise in various areas. Part of the thousand roots that sustain us are these folks. . .remember them in your prayers; give thanks for the bounty they bring to our Center. ❖

Associate Spiritual Directors

Nancy Abbate
Chickie Amberg
Nora Anthony
Janet Arcieri
Nancy Babcock
Eduardo Barrios
Sheryll Bedingfield
JoAnn Bourquard
Nancy Brockett
Susan Carlin, RSM
Suzanne Carnes
Cynthia Carr
Candace Cassin
Mark Cerrato
Jane Charette
Hallie Cowan
Christine Daniels
Mary Dieter
Joseph DiSciaccia
Thomas Dubois
Robert Easdon
Mary Espinosa
Roxanne Feeney
Ron Freedman
Dennis Gallant
Mary Garofalo
Linda Gebhart
Andree Grafstein
Ellen Graham
Ann Griffith
Marye Gail Harrison
Jo Ann Hay
Martha Highsmith

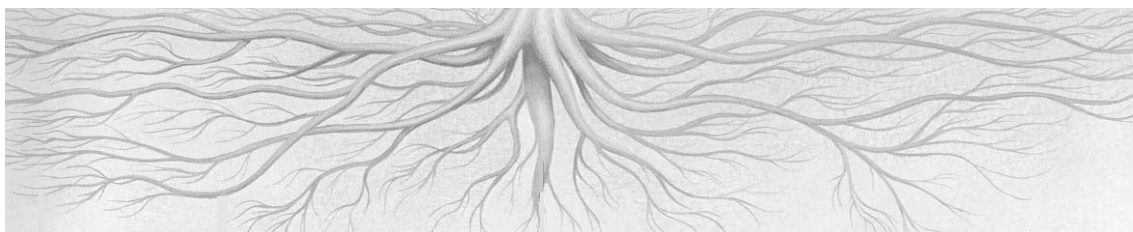
Susan Izard
Barbara Japenga
Susan Jorgensen
Patricia Joy
Ann Kane, CSJ
Jayne Keenan
Agnes Kiely, RSM
Evelyn Lasaga
Meg Lynam
Ede-Jo Madden
Rose Majestic
Donna Manocchio
Bob McNally
Joanne Moran
John Nieb
Suzanne Nolan
Suzanne O'Brien
Alice O'Donovan
Rick Pacukonas
Pat Piano
David Picone
Mary Lou Pieczarka
Margot Saadeh
Louisa Sapienza
Patricia Schmidt, DW
Rebecca Scruton
Kathleen Sinnamon
Bob Sizemore
Toni Smith
Patricia Snyder
Theresa Spear
Roselle Terry
Hilda Tolve
Joanne White
Debbie Windish

Open Circle Volunteers

Zim Anthony
Kay Bombara
Dot Boyle
Joanne D'Aprile
Julie Dickson
Kathleen Docino
Ruth Farley
Marie Grace Freese
Maureen Grossi
Sue Hines
Madeline Janzer
Mary Ann Kalinowski
Mary Kunycky
Rita Mary Lashenske
Claire Mary Lattal
Ethel Lyman
Olga Marieni
Fran McEdwards
Barbara Morkan
Caryl Muller
Jeannine Pinette
Judy Reck
Rosemary Reynolds
Mary Ellen Sciarrino
Virginia Scola
Jeannine Socolosky
Virginia St. Amand
Gail Stanwick
Yvonne Thibodeau
Judith Van Valkenburg
Kathleen Watroba
Peggy Weaver

Other Services

Gordon Bates
Mary Bello, CSJ
Maiya Rose Benda
Dave Blume
Geordie Campbell
Mary Dieter
Louise Dumas
Mary Espinosa
Dennis Gallant
Ann Griffith
Maureen Grossi
Barbara Huebner
Barbara Japenga
Susan Jorgensen
Patricia Joy
Mary Ann Kalinowski
Jayne Keenan
Elizabeth Keppel
Ann Joseph Kerr, CSJ
Patricia Kraus
Maureen Martin
Joanne Moran
Barbara Morkan
Cathleen Murtha, DW
Theresa Niemiec Rugens
Suzanne O'Brien
Rick Pacukonas
John Passalacqua
Linda Pellino
Eric Plummer
Rosemary Reynolds
Steven Rugens
Theresa Spear



A Thousand Roots: 2003 Donors

THIS LIST CONTAINS THE NAMES OF all individuals and organizations that gave a donation to the Spiritual Life Center during the 2003 Calendar Year. As with any list, errors are made, always an unfortunate thing. If you find that your name has been omitted, please contact the Spiritual Life Center. We will be publishing any additions and changes in our Winter 2005 Newsletter.

Our 2003 list contains a new category – “In Memoriam” – which includes gifts made on behalf of others both living and dead. The name of the donor is listed first, and the person on whose behalf the gift has been given follows in italics. As you plan your giving this year, consider a friend or relative, living or deceased, whom you might want to honor in this manner.

Individuals

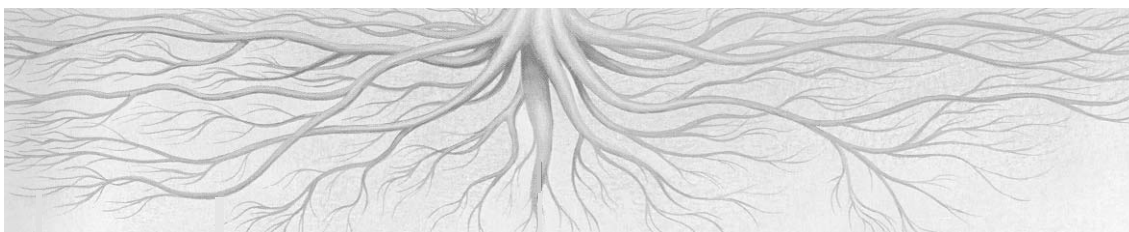
Nancy Abbate
 Chickie Amberg
 Andrew & Erma Louise Anthony
 J. Danforth & Nora Anthony
 Jan & Ron Arcieri
 Carolann Asselin
 Linda Babineau, DHS
 Edward & Nancy Bader
 Sharon Cramer Baldwin
 Patricia Balta, CSJ
 Lee & Amy Barrett
 Gordon Bates
 Suzanne & John Battos
 Esther Bedik
 Sheryll Bedingfield
 Kathleen Bedula
 Theresa Bellacosa
 John And Sherry Bello
 Stella Bello
 Sister Mary Bello, CSJ
 Lawrence Bock
 Kay Bombara

Tim & Doreen Bottone
 Lyn Brakeman
 Alice Brennan
 Jo Ann Briggs
 Mr. & Mrs. Joseph G. Bryan
 Dave & Mary Blume
 Geordie & Pam Campbell
 Suzanne Carnes
 Jean Carroll, RSM
 Craig Cavanaugh
 Nicholas Cesaro
 June Chagnon
 Jane Charette
 Kathleen F. Chase
 Patricia Chaterdon
 Fr. David Cinquegrani, CP
 Patricia Clifford
 John Cockayne
 Mary & Vincent Colangelo
 Alan Colavecchio
 Joseph & Louise Colletti
 Dorothy Connelly, SND
 Shirley Cooper
 Angelo & Marilyn Coppola
 Sister Mary Costello, RSM

Roberta Cote
 Emmett Cotter
 Hallie Cowan
 Gretchen Craffey
 Mary Rita Cullison, CSJ
 Mr. & Mrs. Charles E. Cunniff, Jr.
 Patricia Curtis
 Moira Dana
 Marjorie H. Davis and Karl E. Peters
 Mary Jane Densmore
 Larry & Carol Deraleau
 Terrence Devino
 Bonnie Jean Dibelius
 Mary Dieter
 Virginia DiMella
 Rosemarie & Mario DiRienzo
 Janis Doland
 Joan M. Donahue
 Terence J. Donovan
 Claire & Richard Dorr
 Regina Driscoll
 Arthur Dupont
 Mary Bartlett Espinosa
 William & Ruth Farley
 Ann Marie & Joseph Fauliso
 Julie Fewster
 Ceil Fiederlein
 Mr. & Mrs. William Finkenzeller
 Marge Fish, CSJ
 Mary & Joseph Flanagan
 Thomas Flower
 Margaret Folse
 Theresa Fonti, CSJ
 Jeanne Forschino
 Mrs. M. Francis
 Ellen & John Franklin
 Marie Grace Freese
 Richard M. Friedrichs
 Paula Gallup
 Doreen Garcia
 Mary Garofalo
 Paul Garofalo Trust
 Martha Gavin

Barbara A. Gawle
 Linda Gebhart
 Roger Gelfenbien
 Joanne Gleason
 Claudia Gober
 Lois S. Grady
 Kathleen Graham
 Jeanne Grandy
 Brian Gray
 Rosemary Gregory
 Rosalie Griffin
 Linda Guzzardi
 Bridget Haase, URS
 Elinor Halsted
 Catherine Hammond
 Karen Harp
 Patricia Harrington
 John Passalacqua & Marye Gail Harrison
 Peter Heinrichs
 Janeth Hendron
 Kathy Herron
 Maris Stella Hickey, CSJ
 Mary Ellen Higginson
 Martha Highsmith
 Betty & Dick Holden
 Alexis Hook
 John Horrigan
 Helen Hoskins
 Ray Howe
 Ellen Howie
 Bob & Susan Iazard
 Ellen Jansen
 Madeline Janzer
 Barbara Japenga
 Mary Elizabeth Jette
 Marybeth Johnston, SND
 Susan & Robert Jorgensen
 Patricia Joy
 Mary Ann Kalinowski
 Kathleen Keating
 Fran Kehoe
 Jeanne Kelliher
 Martha Kennedy
 Elizabeth Keppel
 Ann J. Kerr, CSJ
 Rev. Eugene M. Kilbride
 Dorothy Klanica

Kristen Kleiman
 Carrie Kocher
 Patricia Kraus
 Patricia Kuntz
 Mary Kunycky
 Miss Beatrice LaFlamme
 Mark Landry
 John & Jean Latcovich
 Claire Mary Lattal
 Mickey Lawler
 Jean Lowrey
 Ross & Virginia Ludeman
 Christine & Michael Lynch
 Pat & Joseph Lynch
 Michael Mainella
 Donna Manocchio & Lewis Family
 Millie Marengo, SSJ
 Olga Marieni
 Judith Marks
 Maureen Martin & Rob Secker
 Domenic R. Martucci
 Rev. Ronald P. May
 Dorothy Mazaitis
 Daniel Marie McCabe, CSJ
 Judith McCain
 Rev. David McDonald
 Fran McEdwards
 Mary C. McGreevy
 Vincent T. & Joan R. McKelvey
 Elizabeth McLaughlin, SND
 Maureen McMahon, RDC
 Barbara Meany
 Serena Melvin
 William Metzler
 Elizabeth Miller
 Jacques-Louis Montas
 Grace Moore Reale
 Joanne Moran
 Barbara & John Morkan
 Rosemary Moynihan
 Judith Mulhall, CSJ
 Caryl & Eugene Muller
 Cathleen Murtha, DW
 Pasquale & Karen Nappo



Robert & Alice Newbery
 Janet Raphael Novins
 Ruth Nye
 Mary O'Brien
 Myrtle Odium
 Jayne O'Donnell
 Alice O'Donovan
 Joan O'Loughlin
 Lucy Olson
 Ruth Pagano
 Don & Christine Paglia
 Mary Pelletier
 Norma Pelletier
 Lou & Linda Pellino
 Jean Perreault
 Mary Beth Pfeiffer
 Cruger Phillips
 Patricia Piano
 Anne E. Pidano
 Mary Lou Piczarka
 Frank & Alice Pinney
 David Powell
 Linda Powers
 Ann Marie Probus
 Barbara Putnam
 Vivian Pyne, SSJ
 Michael J. Revay
 James & Rosemary Reynolds
 Grace Ricco
 Ann Rogers, CP
 Winifred Rohrbaugh
 Otto Rothi
 Mary Louise Rouleau, CSJ
 Tom & Joanne Sabin
 Ronald Sanborn
 Ellie Sauer
 Joanne Scheibly
 Mary Ellen Sciarrino

Barbara Segura
 Richard & Nancy Sennett
 Lydia Sewitsky
 Eileen Sickinger
 Glenn & Barbara Sieber
 Ruth Slater
 Stephen Sledesky
 Doreen Smith
 Toni Smith
 Patricia Snyder
 Mary Ann Souza
 Donna Spigarolo
 Dorothy Sterpka
 Joanne & Oscar Stewart
 David & Susan Stokes
 Joan E. Stoltze
 Karen Sylvain
 Mary Lou Tanner
 Joan Tenedine
 Rev. Dr. Jay M. Terbush
 Yvonne Thibodeau
 Rev. Charles Topper
 Patricia Torre, DW
 Dan & Janet Tracy
 Mrs. Mary J. Tucker
 Patricia Tully
 Elizabeth Van Loon
 Judith Van Valkenburg
 Jo Linda Viets
 Eugenia & Victor Villagra
 Trish Vogel
 Audrey Volpe
 Virginia Walton
 Kathleen Watroba
 Jane Watt
 Peggy Weaver
 David & Marisel White
 Joanne T. White
 Lois V. Wilcox

Nancy Wildt
 Bob & Pat Willis
 Debbie Windish
 Dick & Linda Wowak
 Cynthia D. Yee
 Mary Anne Zak
 Carol A. Zukowski

Organizations

Asylum Hill Congregational Church
 Daughters of the Holy Spirit
 Daughters of Wisdom
 Episcopal Diocese of Western Massachusetts
 Episcopal Diocese of CT
 Felician Sisters
 J. Walton Bissell Foundation, Inc.
 Office of Urban Affairs
 Open Circle
 Rel. Sisters of Mercy of Albany
 Sisters of Mercy of CT
 Sisters of Notre Dame DeNamur
 Sisters of St. Joseph of Chambery
 St. James Episcopal Church, Glastonbury
 Trinita
 Whittlesey & Hadley, P.C.
 Zion Episcopal Church, North Branford, CT

In Memoriam

Theresa Allen, *The Children of Iraq*
 Rosalie Bean, CSJ, *Joseph Leo & Helen Genevieve Bean*
 Mary Blume, *Joe Gabriele, & Frank Coffey*
 Kay Bombara, *Jim Kearney*
 JoAnn Bourquard, *Claire O'Neil*
 Sister Suzanne Brazauskas, CSJ, *Sister Judith Moynihan, CSJ*
 Elvita Latta Charles, *Thanksgiving for the ministry of Nora Anthony*
 Paul And Joanne D'Aprile, *Jim Kearney*
 Paul And Joanne D'Aprile, *Lois Hannon*
 Deborah Lee Deptula, *Raymond Deptula*
 Alan & Carmen Dorlan, *Aaron Joseph Dorlan*
 Thomas Dubois, *Stephen Haley*
 Robert Easdon, *Katherine Riley Easdon*
 William & Ruth Farley, *Jim Kearney*
 Ellen Graham, *Agnes & Bill Johnson*
 Colette Hanlon, S.C., *Frances and William Hanlon*
 Gene Hoyt, *Bernetta & May White*
 Joan Jarvis, *Joel Jarvis*
 M. Elizabeth Jette, *Joseph M. Jette, Joseph E. Jette, Alma*
 Cecilia Langlieb, *Deborah Sasso*

Rita Mary Lashenske, *Jim Kearney*
 Saul Libby, *Theresa Spear*
 Ethel M. Lyman, *Ethel G. Duke Keblbek*
 Mary Granata Machell, *WMF Granata, Jr.*
 Carol Marciniac, *Walter F. Marciniac*
 Fran McEdwards, *Jim Kearney*
 Rita McGuinness, *Tom & Diane McGuinness*
 Anne McNamee, *Mary Frances Conlon*
 Barbara & John Morkan, *Jim Kearney*
 Harriet D. Odium, *Lissa Davenport*
 Sister Mary Sean Reagan, *Sister Joseph Margaret Gandy, C.S.J.*
 Rodney & Judy Reck, *Frank Coffey*
 Rodney & Judy Reck, *Jim Kearney*
 James & Rosemary Reynolds, *Jim Kearney*
 Mr. & Mrs. Paul E. Martin, *James Caulfield*
 Theresa Spear, *Spike Rivers*
 Yvonne Thibodeau, *Jim Kearney*
 Rev. Dominic J. Valla, *Joseph & Elizabeth Valla*
 Judith Van Valkenburg, *Jim Kearney*
 Carol Varanka, *William J. Varanka*
 Kathleen Watroba, *Jim Kearney*
 Virginia Wood, *Samantha W. Rome*

2003 Finances, cont'd from page 4

who would be interested in this position, please contact Cathleen Murtha, DW. We believe that filling this position can make a big difference in the Annual Appeal and other fundraising events.

The Annual Appeal remains the largest source of income for the Center. Shortly, you will be receiving our letter for the 2004 Appeal. Please consider the Center generously.

Remember that the Spiritual Life Center is an IRS approved charitable organization and any donation made is tax-deductible. We have a planned giving program that includes bequests by will, endowments, life insurance contributions, and gift-giving in the name of another.

In summary, the Center uses a combination of financial man-

agement and trusting in the providence of God (and you) to enable the work of the Center to be fulfilled.

— David Blume, Treasurer

**Consider Giving
 to the Spiritual Life Center today!**

Yes, I want to support the Spiritual Life Center:

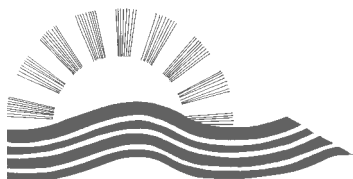
Name _____

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Enclosed is my tax-deductible donation of \$ _____

Make your check payable to the Spiritual Life Center and mail to 120 Mountain Ave., Bloomfield, CT 06002



The Spiritual Life Center
120 Mountain Avenue
Bloomfield, CT 06002-5003

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Two Exciting Events for the Fall of 2004

Finding Life at Work: Intensive Journal Workshop

Friday, Nov. 5th - 7:00 - 10:00 p.m.

Registration at 6:30 p.m.

Saturday, November 6th - 9:30 a.m. - 5:30 p.m.

There will be an hour for lunch. You may bring your own or visit restaurants in Bloomfield.

Presenter: RUTH MCGOLDRICK, SP, MRE, is an experienced journal consultant for the Intensive Journal. She has served on many health and social service boards. Her non-judgmental approach enables attendees to gain insight into their own lives in a setting that is reflective and affirming.

Donation: \$175. Deadline for registration is Oct. 28th. Please send a on-refundable deposit of \$50.

Place: Spiritual Life Center, 120 Mountain Avenue, Bloomfield.

The Progoff Intensive Journal Program is designed to help people identify and claim their deepest capacities for growth. Using writing as a means for accessing personal experiences and emotions, the workshop offers an integrated method for ongoing growth. ❖

Leaving a Spiritual Legacy

Thursday, October 28th – 9:00 a.m. to 3:30 p.m.

Presenters: LOUISE COLLETTI, MA, MFT AND JOSEPH COLLETTI MDIV, STM, MED, are experienced presenters. Louise is a licensed marriage and family therapist and the inspiration behind the “Leaving a Spiritual Legacy” workshops. Joseph is an internationally recognized presenter, facilitator and author. In addition to this workshop, he conducts workshops on grief and bereavement.

Donation: \$55, including lunch and materials to be distributed.

Place: Sisters of Saint Joseph Provincial House, 27 Park Road, West Hartford. *Park off Prospect behind the building.*

This in-service day is for spiritual directors, pastoral care givers and those involved in end of life care and will focus on the spiritual legacy one might leave behind. Participants will learn about a spiritual life map and a spiritual will including significant life learnings, beliefs and bequests. ❖

Call the Spiritual Life Center at 860-243-2374 or visit our web site at spiritlifectr.org to register for either workshop.
