
Spiritual Life Center

Walking Together with the Spirit

WHO WE ARE

The Spiritual Life Center is a community born of faith, gathered in love, and led by the Spirit to seek oneness with the Mystery that we call God.

WHAT WE DO

We are called to tend the Holy in the souls of individuals, groups, and the world by cooperating with God to:

- * invite and nurture
- * equip and sustain
- * heal and transform

through the ministry of spiritual direction.

WHAT WE OFFER

SERVICES

- * Individual and Group Spiritual Direction
- * Individual and Peer Supervision

PROGRAMS

- * Spiritual Direction Internship
 - * Pathways of Spirituality
 - * Workshops, programs & retreats on various topics and disciplines relating to the spiritual life.
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Spiritual Life Center
120 Mountain Avenue
Bloomfield, CT 06002-5003
Phone: (860) 243 - 2374
Fax: (860) 242 - 7914
www.spiritlifectr.org
Email: info@spiritlifectr.org

DIRECTIONS TO THE CENTER

FROM INTERSTATE 91

Take Exit 35 B, Windsor/Bloomfield. Turn onto 218 West for approximately 3 miles. Turn right onto Route 189 (Bloomfield Ave.). At juncture of 189 and 178, turn left onto 178 (Mountain Ave). Go through 2 lights, then take 2nd right to stay on Mountain Ave. 120 Mountain Avenue is the first set of buildings on the right.

FROM WEST

Take Route 185 South. Turn left onto Route 178 (Loeffler Road). Mountain Avenue is 1st left after Duncaster.

FROM ROUTE 4 OR 44

Take Route 4 or 44 East onto Mountain Road, to Route 185 North. Turn right onto Route 178 (Loeffler Road). Turn left onto Mountain Ave.

The Spiritual Life Center is the white house on the far side of the large brick building. Parking in front of the house is reserved for the Center. Additional parking is available in the large lot on the other side of the brick building.

PATHWAYS OF SPIRITUALITY

Fall 2010 - Spring 2012



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Center**
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Pathways of Spirituality is a two-year program provided by the **Spiritual Life Center of Bloomfield, Connecticut.**

Pathways of Spirituality is a two-year, four unit program for men and women seeking to broaden and deepen their experience of spirituality. Participants will be enriched by exposure to practices and disciplines of various spiritual traditions. The program is experiential in nature and emphasizes the importance of building community in an atmosphere of diversity in order to strengthen the experience of spiritual growth. It is supplemented by a Pathways website which provides links to additional resources and information.

Participants may register for any one or all of the units; classes meet on selected Monday evenings from 7:00 to 9:00 p.m. Each unit includes a one-day retreat (usually a Saturday).

PROGRAM OUTLINE

In community and through presentations, listening, sharing, contemplation, directed writing and creative expressions, participants will explore the following four units:

Encountering the Divine: Unit 1

Fall 2010

Topics Include

- * Images and Names of the Divine
- * Metaphors for the Journey
- * Spirituality and Religion
- * Abrahamic Faiths
- * Energy Work and Eastern Wisdom
- * Sacred Texts

Relationship With the Divine: Unit 2

Spring 2011

Topics Include

- * The One, Two, Three of God
- * Beliefs and Baggage
- * Authenticity
- * Spirituality and Addictions
- * Earth Wisdom
- * Labyrinth and Mandalas
- * Spiritual Practices for Daily Living
- * Spirituality and Science
- * Synchronicity, Awakening and Mysticism

Called to Community: Unit 3

Fall 2011

Topics Include

- * Exploring Community
- * All in the Family
- * Body, Mind, Spirit in Society
- * Blessings and Challenges of a Spiritual Community
- * Ritual and Community
- * Suffering, Death & Grief in Community
- * Project: Your Ideal Spiritual Community

Sent in Service: Unit 4

Spring 2012

Topics Include

- * The Call to Service
- * Responding to the Call of Justice
- * How Am I Called to Peace?
- * Listening to the Earth
- * Spirituality and Service
- * Compassionate Power
- * Sent in Service

APPLICATION

Those seeking admission to the Pathways program are asked to complete an application which will be found at spiritlifectr.org or by calling the Spirit Life Center. All application materials should be received at the Center by August 1, 2010. Personal interviews with Pathways staff will take place after materials are received. The number of participants is limited. Applicants chosen for admission will be notified when the interview process is completed. Please apply early to ensure a place in the program

COST

The cost of the program is \$375 per unit. In addition, there is a \$25 non-refundable application fee.

Limited scholarship funds for this program are available. Please call the Spiritual Life Center for further information.