
Spiritual Life Center

Walking Together with the Spirit

WHO WE ARE

The Spiritual Life Center is a community born of faith, gathered in love, and led by the Spirit to seek oneness with the Mystery that we call God.

WHAT WE DO

We are called to tend the Holy in the souls of individuals, groups, and the world by cooperating with God to:

- * invite and nurture
- * equip and sustain
- * heal and transform

through the ministry of spiritual direction.

WHAT WE OFFER

SERVICES

- * Individual and Group Spiritual Direction
- * Individual and Peer Supervision

PROGRAMS

- * Spiritual Direction Internship
 - * Pathways of Spirituality
 - * Workshops, programs & retreats on various topics and disciplines relating to the spiritual life.
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Spiritual Life Center

303 Tunxis Road
West Hartford, CT 06107

Phone: (860) 243 - 2374

www.spiritlifectr.org

Email: info@spiritlifectr.org

DIRECTIONS TO THE CENTER

From the West

Take I-84 East towards Hartford to Exit 39. As you get off the exit, turn right at the first light onto Route 4 East (Farmington Avenue). At the next light (about 200 yards ahead), turn right onto South Road. Continue down a hill and through the next light. Take the first left after the light onto Middle Road. The retreat house is about one and one-half miles down Middle Road on the right side. *Note: Middle Road becomes Tunxis Road as you approach the retreat center.*

From the East

Take I-84 West towards Hartford to Exit 40. As you get off the exit, turn right onto Ridgewood Road. At the second light, turn left onto Tunxis Road. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

From New York City and points south

Take I-95 North to New Haven. In New Haven, take I-91 North toward Hartford. Once in Cromwell, take Exit 22 onto Route 9 North toward New Britain/Middletown. Once on Route 9, follow directions for "From the east shore" (see below).

From Massachusetts and points north

Take I-91 South to Hartford. Take Exit 32A onto I-84 West. Follow I-84 West to Exit 40. As you get off the exit, turn right onto Ridgewood Road. At the second light turn left onto Tunxis Road. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

From the east shore

Take Route 9 North to Middletown. At the end of Route 9, turn onto I-84 East. Take Exit 40 (first exit). Turn right at the first light (towards Westfarms Mall). Take a right at the next light. Proceed under the highway, get into the left lane and turn left onto Ridgewood Road. At the second light, turn left onto Tunxis Road. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

From Rt 44 & Mountain Rd, West Hartford

Head South on Mountain Rd for 2.6 miles. Continue onto Sedgwick Rd (0.2 mi). Turn right at Ridgewood Rd (0.2mi). Take the first right onto Tunxis Rd. The retreat center is about one and one-half miles down on the left side, shortly past a lake.

At the Elevator Entrance

Take the Elevator to the second floor, then continue right in the hallway to the large room at the end.

SPIRITUAL DIRECTION INTERNSHIP

Sept 2010 - May 2012



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INTERNSHIP

The Spiritual Direction Internship is a one-of-a-kind experience of growth and discernment in a community context. Participants from varied cultural backgrounds and diverse faith traditions gather for this time of discernment.

Through learning sessions, individual and small group supervision, reflection papers, an annual, silent, overnight retreat and in-service programs with the larger community of spiritual directors, the individual and staff assess and discern the call to become a spiritual director.

REQUIREMENTS

Participants are responsible for:

- * attendance at weekly Wednesday evening sessions from September through May
- * regular meetings with directees
- * regular meetings with a supervisor
- * reading and reflection assignments for classes
- * participation in selected workshops
- * participation in the annual overnight retreat

APPLICATION

Those seeking admission to the Internship are asked to complete an application (including a spiritual autobiography) which will be forwarded upon request beginning in January 2010. All application materials should be received at the Center by September 10, 2010. Personal interviews with the Internship Team will take place in early summer. The number of participants is limited. Applicants chosen for admission will be notified when the interview process is completed.

CRITERIA FOR ADMISSION

We welcome as applicants, men and women, grounded in a faith tradition, whose experience includes:

- * on-going personal prayer and spiritual direction
- * evidence of personal and spiritual maturity and openness to participating in a community of diverse faith traditions and spiritual practices
- * knowledge in the areas of theology, scripture, psychology, prayer and spirituality
- * experience of working pastorally with individuals and/or groups in a variety of contexts

CERTIFICATE

Those who fulfill the requirements of the course will receive a Certificate of Completion in an Internship in Spiritual Direction.

The Internship program follows the guidelines of Spiritual Directors International by including the following elements: theological foundations, psychological foundations, integration with justice, discernment, practicum, and supervision.

COST

The cost of the Internship is \$975 per semester for four semesters. Tuition includes Wednesday evening sessions, one In-Service Day each semester and on-going Supervision. This fee does not include the \$50 non-refundable application fee or the \$100 fee for each of our Annual Overnight Directed Retreats.

Limited scholarship funds for this program are available. Please call the Center for further information.