
Spiritual Life Center

Walking Together with the Spirit

WHO WE ARE

The Spiritual Life Center is a community born of faith, gathered in love, and led by the Spirit to seek oneness with the Mystery that we call God.

WHAT WE DO

We are called to tend the Holy in the souls of individuals, groups, and the world by cooperating with God to:

- * invite and nurture
- * equip and sustain
- * heal and transform

through the ministry of spiritual direction.

WHAT WE OFFER

SERVICES

- * Individual and Group Spiritual Direction
- * Individual and Peer Supervision

PROGRAMS

- * Spiritual Direction Internship
 - * Pathways of Spirituality
 - * Workshops, programs & retreats on various topics and disciplines relating to the spiritual life.
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Spiritual Life Center
120 Mountain Avenue
Bloomfield, CT 06002-5003
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Email: info@spiritlifectr.org

DIRECTIONS TO THE CENTER

FROM INTERSTATE 91

Take Exit 35 B, Windsor/Bloomfield. Turn onto 218 West for approximately 3 miles. Turn right onto Route 189 (Bloomfield Ave.). At juncture of 189 and 178, turn left onto 178 (Mountain Ave). Go through 2 lights, then take 2nd right to stay on Mountain Ave. 120 Mountain Ave. is the first set of buildings on the right.

FROM WEST

Take Route 185 South. Turn left onto Route 178 (Loeffler Road). Mountain Avenue is 1st left after Duncaster.

FROM ROUTE 4 OR 44

Take Route 4 or 44 East onto Mountain Road, to Route 185 North. Turn right onto Route 178 (Loeffler Road). Turn left onto Mountain Ave.

The Spiritual Life Center is the white house on the far side of the large brick building. Parking in front of the house is reserved for the Center. Additional parking is available in the large lot on the other side of the brick building.

SPIRITUAL DIRECTION INTERNSHIP

Sept 2010 - May 2012



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INTERNSHIP

The Spiritual Direction Internship is a one-of-a-kind experience of growth and discernment in a community context. Participants from varied cultural backgrounds and diverse faith traditions gather for this time of discernment.

Through learning sessions, individual and small group supervision, reflection papers, an annual, silent, overnight retreat and in-service programs with the larger community of spiritual directors, the individual and staff assess and discern the call to become a spiritual director.

REQUIREMENTS

Participants are responsible for:

- * attendance at weekly Wednesday evening sessions from September through May
- * regular meetings with directees
- * regular meetings with a supervisor
- * reading and reflection assignments for classes
- * participation in selected workshops
- * participation in the annual overnight retreat

APPLICATION

Those seeking admission to the Internship are asked to complete an application (including a spiritual autobiography) which will be forwarded upon request beginning in January 2010. All application materials should be received at the Center by July 30, 2010. Personal interviews with the Internship Team will take place in early summer. The number of participants is limited. Applicants chosen for admission will be notified when the interview process is completed.

CRITERIA FOR ADMISSION

We welcome as applicants, men and women, grounded in a faith tradition, whose experience includes:

- * on-going personal prayer and spiritual direction
- * evidence of personal and spiritual maturity and openness to participating in a community of diverse faith traditions and spiritual practices
- * knowledge in the areas of theology, scripture, psychology, prayer and spirituality
- * experience of working pastorally with individuals and/or groups in a variety of contexts

CERTIFICATE

Those who fulfill the requirements of the course will receive a Certificate of Completion in an Internship in Spiritual Direction.

The Internship program follows the guidelines of Spiritual Directors International by including the following elements: theological foundations, psychological foundations, integration with justice, discernment, practicum, and supervision.

COST

The cost of the Internship is \$975 per semester for four semesters. Tuition includes Wednesday evening sessions, one In-Service Day each semester and on-going Supervision. This fee does not include the \$50 non-refundable application fee or the \$100 fee for each of our Annual Overnight Directed Retreats.

Limited scholarship funds for this program are available. Please call the Center for further information.