

June 2008

Dear

We are appreciative of the interest you have expressed in the Internship Program in Spiritual Direction which will begin in September 2008. This group will be the eleventh one to enter into a time of discernment and preparation for becoming spiritual directors.

Our tenth group of participants completed their two-year Internship in May 2008. All will attest to the blessings and challenges of coming together as a diverse community of differing faiths to pray and to reflect, to learn and to discover, to deepen and to grow. The continued involvement of past participants in peer supervision, in continued formation through In-Service days, and primarily through the engagement in the ministry of spiritual direction convince us of the value and worth of this program.

Enclosed is our new brochure which describes the program and provides information about the time frame and cost of the Internship. The application process is one of discernment, yours, ours, and those who will be sending letters of recommendation. In this mailing you will find a sheet describing the application process, an application form and three letter of recommendation outlines.

If I can be of further assistance to you in the application process, please contact me at the Center at the number below or by e-mail: [amgrafstein@comcast.net](mailto:amgrafstein@comcast.net). Let us pray together that the Spirit of God will enfold you as you enter into this time of discernment.

Sincerely yours,

Andrée Grafstein  
Internship Coordinator

## Spiritual Direction Internship

### Application Process

Those applying to participate in the 2008-2010 Internship are asked to do the following:

1. Take some time in prayer and reflection to discern your desire to participate in the program.
2. Complete the application form and return it as soon as possible and no later than August 1<sup>st</sup> to the Spiritual Life Center marked “**ATTN: Internship**” or email it as a word document to [info@spiritlifectr.org](mailto:info@spiritlifectr.org).
3. Write a **5-6 page double spaced** description of yourself including:
  - a. important events in your life, meaningful experiences in ministry to others, relationships with significant people and the impact of these on your personal and spiritual development including your sense of God and your experience of prayer.
  - b. what you perceive to be your strengths and weaknesses, problem areas and the gifts you have in relating with others
  - c. the focus of spiritual direction you have received and how it has aided in your development
  - d. why you wish to receive training in spiritual direction, what attracts you to it, what relevance you think it will have for your life and work in the future.
4. Please request three people, (i.e., a personal friend, a colleague in ministry work, and someone who knows you on a professional/academic level) to write letters of recommendation for you. Forms are enclosed.
5. Please enclose a recent photo of yourself and a \$50 non-refundable application fee.
6. An interview with the staff will be scheduled during the summer, after the completed applications are received and reviewed.

**SPIRITUAL DIRECTION INTERNSHIP**

**Spiritual Life Center  
120 Mountain Ave.  
Bloomfield, CT 06002  
(860) 243 2374  
e-mail: info@spiritlifectr.org**

**APPLICATION PROCESS**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail: \_\_\_\_\_

Married \_\_\_\_ Single \_\_\_\_ Clergy \_\_\_\_ Religious Community \_\_\_\_\_

Faith Community Affiliation \_\_\_\_\_

Place of Employment \_\_\_\_\_

Position Held \_\_\_\_\_

**EDUCATIONAL BACKGROUND**

College \_\_\_\_\_

Seminary \_\_\_\_\_

Graduate \_\_\_\_\_

Other \_\_\_\_\_

**Background or Training in Theology/Spirituality**

\_\_\_\_\_

\_\_\_\_\_

**Background and/or Training in Psychology/Counseling**

\_\_\_\_\_

\_\_\_\_\_

**Background and/or Training in Receiving/Giving Spiritual Direction**

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**Other Significant Life Experience (Church, CPE, Multi-cultural)**

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**RECENT EMPLOYMENT**

Employer \_\_\_\_\_

Position \_\_\_\_\_ Dates \_\_\_\_\_

Employer \_\_\_\_\_

Position \_\_\_\_\_ Dates \_\_\_\_\_

**References requested from:**

\_\_\_\_\_  
name relationship

\_\_\_\_\_  
name relationship

\_\_\_\_\_  
name relationship

Signature of applicant \_\_\_\_\_ Date \_\_\_\_\_

**Spiritual Direction Internship  
Spiritual Life Center**

**Letter of Recommendation for Applicants to Internship 2008-2010**

Please take some time to reflect on your knowledge of and relationship with

\_\_\_\_\_.

In your letter of recommendation please include the following:

length and nature of your relationship with the applicant

honest appraisal of the applicant's gifts and limitations for being a spiritual director

assessment on how they interact within a group that is focused on reflection and self-disclosure

whether you think they will be sought out as a spiritual director

whether you would recommend them as a spiritual director.

Please send the letter of recommendation by **August 1, 2008** to: Andrée Grafstein at the Spiritual Life Center, 120 Mountain Avenue, Bloomfield, CT 06002, or e-mail to [amgrafstein@comcast.net](mailto:amgrafstein@comcast.net).

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